

Creative Thinking and its Relationship to the Quality of Life for Physical Education Teachers in Najaf

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Abstract

This type of thinking is considered important for the individual and society, because of the creative outcome that is achieved as a result of the presence of individuals with the ability to be creative in various areas of life, if the individual has the appropriate environment for the growth of his creative thinking, which can be one of the reasons that play a role in assessing the quality of life for education studies Of sports in the province of Najaf, and the research aims to identify the level of reasoning thinking and the level of quality of life for female teachers of physical education affiliated to the director of education for the province of Najaf, and to identify the relationship between the level of creative thinking and the level of quality of life for teaching women Of sports in Najaf governorate, and the researchers assume that there is no correlation between the level of creative thinking and the level of quality of life among the teachers of physical education in the province of Najaf, the researchers used the descriptive method in the survey method and the correlations of its relevance to the nature of the research problem on the studies of physical education in the province of Najaf for the academic year 2019- 2020, and the number (35) female teachers belonging to the Directorate of Education in the province of Najaf and were chosen in a simple random manner.

The researchers concluded that the level of creative thinking and the quality of life for physical education teachers in the middle level, and the existence of a significant correlation between creative thinking and quality of life, and the development of creative thinking was reflected in the quality of life for physical education teachers.

Keywords: *Creative thinking, quality of life, physical education teachers.*

Introduction

The quality of life is of great importance for identifying each person who does not benefit the individual to develop his psychological and mental energies, and the level of quality of life for teachers depends on several variables, including psychological and mental ones that directly affect him in his public life,

“it is the individual’s feeling of satisfaction and happiness and his ability to satisfy his needs of During the richness of the environment and the advancement of services that are provided to him in the health, social, educational and psychological fields with good management of time and benefit from it “⁽¹⁾

And that the quality of life is the satisfaction of the individual with his ability in life and a feeling of comfort and happiness, as well that the quality of life is the individual’s feeling of contentment and happiness and his ability to satisfy his needs through the richness of the environment and the improvement of services that are provided to him in the health, social, educational and psychological fields with good management of time and benefit from it, as well as It, consists of a set of variables that aim to satisfy the individual, and subjective

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indicators that measure the degree of saturation with objective indicators that measure the flowing capabilities of the individual, and subjective indicators that measure the amount of satisfaction achieved, and the mental capabilities of the individual have a role in the perception of life and one of these variables A mindset is creative thinking, which is creativity. Not only is mental preparation, but there is a large side that is controlled by environmental and social factors, as it can be developed, taught, and learned, according to the appropriate conditions for its development and creativity. It is not limited to a specific number of people. Rather, the justice of God Almighty required the distribution of creative energies over All his creation, and if every person searches himself, he will find that he can be creative with something ⁽²⁾.

This kind of thinking is of importance for the individual and society, because of the creative outcome that is achieved as a result of the presence of individuals who can be creative in various fields of life if the individual has the appropriate environment for the growth of his creative thinking ⁽³⁾.

Which can be one of the reasons that play a role in assessing the quality of life for physical education teaching in the province of Najaf and the research aims to identify the level of performance thinking and the level of quality of life among the teaching of physical education affiliated to the director of education in the province of Najaf and identify the relationship between the level of creative thinking and the level of Quality of life for physical education teachers in Najaf, and researchers assume that there is no correlation between the level of creative thinking and the level of quality of life among physical education teachers in Najaf.

Practical Part

Field research procedures: The researchers used the descriptive approach to surveying and correlation, as it suits the nature of the research problem on the teaching of physical education in the province of Najaf in the academic year 2019-2020, and the number (35) teaching belonging to the Directorate of Education in the province of Najaf and were chosen in a simple random manner.

Measurements used in the research:

The level of the variables used in the research has been identified according to the following:

First: The creative thinking scale for physical education teachers: After examining the researchers' several tests related to creative thinking. They found that the Bernstein World Scale (1989) is the most appropriate for research, as the world designed this scale, which originally consists of (74) paragraphs aimed at measuring creative thinking among individuals and the answer to them is through three alternatives (I agree, hesitant, do not agree) As the overall scale of the scale ranges from (74 -222) degrees and the scale was prepared by (Zainab Najeh Hasan) () which is of (48) paragraphs and the answer is on a triple scale so that the highest degree on the scale is (144) and the lowest degree is (48) degrees.

Second: The measure of the quality of life for physical education teachers: After examining the researchers on several tests related to measuring the quality of life, the researcher used a measure of the quality of life for the researcher (confident that the servants are slaves), which consists of alternatives with a five-year scale (it applies to him very much, applies to him to a large degree, applies to him on an average degree, applies to him To a lesser degree, it applies to it to a very small degree) and the number of its paragraphs is (22) items, with the highest degree on the scale (66) degrees and the lowest degree (22) degrees.

Scientific coefficients of the scale:

- 1. Verify the scale:** Researchers used the sincerity of (experts), although the two scales enjoy a high degree of honesty and consistency, but the researchers deliberately carried out a number of scientific transactions for the scale, among which (the sincerity of experts) for the two scales, which is one of the types of honesty and means "the extent to which the test represents the content to be measured as paragraphs were presented The two standards are based on a number of experienced masters in the field of psychological sciences, the field of measurement and evaluation, and sports psychology, as they were asked to express an opinion on the validity of the fields and paragraphs of the scale for their evaluation, and to judge the suitability of the field for which it was set, and to make appropriate adjustments through (delete or return s Adding or adding some fields or a number of paragraphs) to suit the research community who are physical education teachers in Najaf Province, as well as mentioning the validity of the alternatives to the answer, or adding and identifying alternatives

to the answer they see as appropriate for the scale, as (Oweis) indicates that “we can prepare The test is valid after presenting it to a number of specialists and experts in the field that the test measures, and if the experts acknowledge that this test measures the behavior that was set to measure it, the researcher can rely on the experts’ judgment, and after analyzing the responses and observations of the experts, the experts’ sincerity was extracted By percentage of expert agreement h For the validity of its paragraphs, as was accepted paragraphs agreed (75%) or more of their views, as “the researcher to obtain a ratio of agreement to experts in the validity of paragraphs, and the possibility of making adjustments by not less than 75%.”

Exploratory experiment

After developing the instructions for the two scales, the researchers conducted the pilot study to discover the following:

1. To ensure clarity of instructions and paragraphs of the two scales.
2. Knowing the time taken to answer each scale.

3. Knowing the circumstances of applying the two standards and the accompanying difficulties.
4. Ensure that the two scales are clear of the sample.
5. Researchers will have practical training to determine for themselves the negatives and positives that are encountered during the conduct of the main test.
6. Extraction of the scientific basis for the scale.

Statistical Means: The researchers used the Statistical Package for Social Sciences (SPSS).

Results and Discussion

This axis included displaying the results of statistics after statistically processing them and in line with the goals.

View, analyze, and discuss test results for individuals in the research sample.

Table (1) shows the mean, the standard deviation, the calculated correlation coefficient value, and the statistical significance of the measure of creative thinking and quality of life.

Variables	Unit of measure	Mean	STD. EV.	Correlation coefficient	The significance
Creative thinking	Degree	98.25	9.47	0.69	Moral
Quality of life	Degree	46.32	4.23		

It is clear from Table (1) that the mean of the measure of creative thinking was (98.25) degrees and the standard deviation was (9.47), the mean of the quality of life scale was (154.32) and the standard deviation (4.23), while the calculated correlation coefficient value reached (0.69), which is a value less than (0.05), and this indicates a significant correlation between the two measures.

Discuss the results of the relationship between the creative thinking scale and the quality of life scale: Through the findings of the researchers, Table (1) shows that there is a significant correlation between the criteria of creative thinking and quality of life, and the researchers see the reason for this moral relationship between the moral relationship between creative thinking and the quality of life for physical education teachers, the research sample, where their creative thinking affects their sense of the quality of life in the

academic field, where it becomes clear to us that the higher their creative thinking, the more satisfied they are with life, its quality and its requirements, as the quality of life represents the basic pillar in building society and its progress in general and the teaching field for teachers in particular, and that it provides elements c The life of female teachers through achieving the dimensions of the scale, namely the quality of public health, the quality of family life and emotions, the quality of social relations, the quality of time management and administration and self-care, has led to an increase in the motivation of female teachers towards a quality of life balanced with the reality in which you live⁽⁴⁻⁶⁾, as well as a feeling Female teachers generally have a good quality of life, and (Ahmed Al-Mash’ani, 2066)⁽⁵⁻⁷⁾ emphasized that “the quality of life is the extent of personal satisfaction with life and the individual’s sense of quality, and a

reflection of this on the different requirements of life, including education.”⁽⁸⁻¹²⁾

Conclusion

The researchers reached the following conclusions:

1. The level of creative thinking and quality of life for physical education teachers was at the middle level.
2. There is a significant correlation between creative thinking and quality of life.
3. The development of creative thinking was reflected in the quality of life for physical education teachers.

Ethical Clearance: The Research Ethical Committee at scientific research by ethical approval of both MOH and MOHSER in Iraq.

Conflict of Interest: Non

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