

# The Relationship of Some Psychological Skills to the Leading Personality of Police College Students

Marwa Tariq Kazem<sup>1</sup>, Shaima Ali Khamis<sup>2</sup>

<sup>1</sup>Assistant Lecturer, <sup>2</sup>Prof., University of Babylon- Faculty of Physical Education and Sports Sciences / IRAQ

## Abstract

The performance of the policeman is usually achieved when it is fine-tuned and trained in order to reach the graduation of policemen who are able to defend the country and the security and comfort of citizens, and that leadership is a valuable characteristic of the character that must be met by the men of the Internal Security Forces who are assigned leadership tasks in The future after their graduation, and because the police college students are the protectors of the homeland in the future, and through the researchers 'meeting with a number of police college students' trainers, there has appeared weakness or lack of interest in the leadership aspects during training that affect students 'performance and the extent of their impact on their personality after graduation, so the researchers saw knowledge Do some psychological skills have a relationship in the formation of the leadership personality of the police college students, and the research objectives were to identify some psychological skills (the ability to focus attention, the ability to relax, the ability to face anxiety among the police college students and to reveal the relationship between psychological skills and the leadership character of Students of the Police College, and knowing the level of leadership personality among students of the Police College. As for the research assumption, there is a moral correlation between some psychological skills and the formation of the leading personality of students Police College The researchers used the descriptive approach in the style of survey studies to suit the nature of a problem. As for the research sample, the students of the Police College, through the results of the research, the researchers concluded that the leadership personality was greatly affected by relaxation, and this was evident during the results of the research, and the leadership personality was affected Great concern and this was evident through the search results.

**Keywords:** *psychological skills, leadership personality; internal security; health.*

## Introduction

The performance of the policeman is usually achieved when it is fine-tuned and well trained in order to reach the graduation of policemen who are able to defend the country and the security and comfort of citizens<sup>(1)</sup>, and that leadership is an essential characteristic of the character that must be met by men of the Internal Security Forces who are assigned leadership tasks in The future after their graduation, and because the police

college students are the protectors of the homeland in the future, and through the researchers 'meeting with a number of police college students<sup>(2)</sup>' trainers, there has appeared weakness or lack of interest in the leadership aspects during training that affect students 'performance and the extent of their impact on their personality after graduation, so the researchers saw knowledge Do some psychological skills have a relationship in the formation of the leadership personality of the police college students<sup>(3)</sup>, and the research objectives were to identify some psychological skills (the ability to focus attention, the ability to relax, the ability to face anxiety among the police college students and to reveal the relationship between psychological skills and the leadership character of Students of the Police College, and knowing

---

**Corresponding author:**  
**Marwa Tariq Kazem**  
alifootball07@gmail.com

the level of leadership personality among students of the Police College. As for the research assumption, there is a moral correlation between some psychological skills and the formation of the leadership personality of students Police College, so efforts are made by specialists in training police college students to use the scientific foundations to develop the psychological and mental characteristics of students to be community leaders and protect their security and to complement these efforts and the importance of the psychological aspect in preparing police college students, the researchers seek to know the relationship between some psychological skills and between The formation of the leadership personality of police college students, and the research problem was that many security men in general and the police in particular, despite preparing them physically and technically well, but when faced with difficult conditions<sup>(4)</sup>, and the intensification of the conflict between them and the problems facing them in their work may not succeed in overcoming According to them, and through the researchers 'meeting with a number of police college students' trainers, there appeared to be weaknesses in the leadership aspects that affect their performance and the extent of their impact on their work in the future. Therefore, the researchers decided to know whether some psychological skills have a relationship in the formation of the lead character of the police college students, and the research objectives were Identify some psychological skills (the ability to focus attention, the ability to relax, the ability to face anxiety) among police college students, and detect illness Relationship between psychological skills and the leading personality of police college students, and knowledge of the level of leadership personality among police college students<sup>(5)</sup>.

#### **The practical side:**

The researchers used the descriptive approach in the style of survey studies appropriate to the nature of the research problem, on the police college students course (66) for the academic year 2019-2020 numbering (514) students, as the researchers chose the same research in the simple random way (lottery) and the number (50) students.

#### **Tests and measurements used in the research:**

- Expert survey forms about their nomination, the psychological skills affecting the formation of the lead

character.

#### **Relaxation tests**

Anxiety tests

Attention focus tests

#### **Exploratory experience:**

The researchers conducted the exploratory experiment to identify the negatives that the two researchers may encounter during the application of the main experiment to know the time taken to fill in the forms and obtain the stability of the form. As an experiment was done on (5) students from the Police College, and they are not from the original research sample.

#### **Scientific transactions:**

#### **The validity of the tests:**

“Meaning honesty is the test that measures what the test was put to measure it, and the test must be honest because we want to measure a specific phenomenon and not another phenomenon. There are several ways to measure the honesty of the tests, including the validity of the content, which is the process of presenting the questionnaire forms to a group of experts and specialists in the field.” What the test measures and their opinions can be relied upon to find the sincerity of the test, which is the method used by the researchers to find the sincerity of the tests used, as the test forms were presented to experts and specialists and were nominated by them and obtained an approval rate of 100%<sup>(6)</sup>.

#### **Stability of tests:**

The intensity of the tests is intended to give the test the same results if it is returned to the same individuals in the same circumstances. The researchers conducted tests on the research sample consisting of (5) students from the original community of the research and the test was repeated for them after (7) days passed “around the period For re-testing because it is one to two weeks since it is a standard period for re-testing, and the simple correlation coefficient Pearson was used to finding the coefficient of stability for the tests as shown in Table (1)<sup>(7)</sup>

**The objectivity of tests:**

It means “the subjective judgments do not affect the experimenter or the objectivity is affected without prejudice and subjective intervention by the experimenter. The higher the degree of subjectivity over

the test judgments, the less substantive and the more the subjective judgments get rid of the effect, the greater the result of the objectivity, and for the researchers to verify that the test has high objectivity.

**Table (1): Shows the scientific foundations of the tests**

tests	the stability of tests	The objectivity of tests
The ability to relax	0.85	0.84
Ability to cope with anxiety	0.91	0.81
The ability to focus attention	0.84	0.86

**The main experience:**

The researchers conducted the main experiment of the research sample, as, during this period, questionnaires for psychological skills test were distributed to the research sample, where this was done during the first week, and then the researchers distributed the forms for the leadership personality test during the second week on the same sample of research and then extracted the

results For each test, according to the key for each test.

**Statistical means:**

The researcher used spss to process data.

**Presentation, analysis and discussion of results:**

View and analyze the results of the ability to relax and leadership

**Table (2): It shows the correlation coefficient between the ability to relax and the leadership personality**

variables	correlation	Type of significance
Leadership and Relaxation Skill	0.867	Sig.

\*Under freedom degree (48), error ratio (0.05), and tabular value reached (0.357)

Table (2) shows us the correlation coefficient between the leadership personality and the ability to relax and is (0.867), which is a significant value compared to the tabular value of (0.357).

**Discussion**

Table (2) shows us a moral correlation between the skill of the ability to relax and the leadership personality. The researchers attribute this to the leadership

personality that must be characterized by calmness and relaxation. He can give his instructions, advice and decisions to them in a clear manner and calm tones, especially in situations of violent emotional nature and high psychological pressure.

Present the results of a skill’s ability to focus attention and leadership personality and analyze it

**Table (3): The correlation coefficient shows the skill’s ability to focus attention and a leading personality**

variables	correlation	Type of significance	Moral correlation
leadership personality and skill ability to focus attention	0.899	0.000	Moral

\*Under freedom degree (48), error ratio (0.05), and tabular value reached (0.357)

Table (3) shows us that there is a correlation between the leadership personality and the ability to focus attention, as it reached (0.899), which is a significant value compared to the new and intense value of (0.357)

### Discussion

Table (3) shows us that there is a moral correlation between the skill of the ability to focus attention and the leadership personality, and the researchers attribute the reason for this to the fact that the leadership personality must be distinguished by the ability to focus and mental stability<sup>(8)</sup>. Restraining it and controlling the speed of its emotions, as the speed of emotion, anger, nervousness, nervousness, and the speed of volatility and intensity are factors that contribute to the severe damage to the security work of the leader in society and help the negative impact of his influence and influence<sup>(9)</sup>.

#### Present the results of the ability to face anxiety and the leadership personality and analyze it

**Table (4): The correlation coefficient shows the skill ability to cope with anxiety and a leadership personality**

Variables	Correlation	Type of significance	Moral correlation
leadership character and ability to cope with anxiety	0.854	0.000	Moral

\*Under freedom degree (48), error ratio (0.05), and tabular value reached (0.357)

Table (4) shows us that there is a correlation between the leadership personality and the ability to cope with anxiety, as it reached (0.854), which is a significant value compared to the tabular value of (0.357)

anxiety, tension and arousal to the leader will immediately transfer its impact to the rest of the members, and thus the leader becomes directly responsible for the rest of the members not controlling their emotions<sup>(10)</sup>.

### Discussion

Table (4) shows us a moral correlation between the skill of being able to face anxiety and leadership personality. The researchers attribute the reason for this to the fact that the lead character must be characterized by the ability to calm and the ability to face anxiety and control psychological emotions,” as the psychological emotions as they say (contagious) That is, its effect is rapidly transmitted. The emergence of emotions of fear,

### Conclusions

Through the results of the research, the researchers concluded the following:

The leadership personality is greatly affected by relaxation, and this was evident through the results of the research, and the lead character has a direct impact with attention, and this is what the study found, and the lead character is greatly affected by anxiety, and this was clearly shown through the results of the research.

**Ethical Clearance:** The Research Ethical Committee at scientific research by ethical approval of both MOH and MOHSER in Iraq

**Conflict of Interest:** None

**Funding:** Self-funding

### References

- 1- Judge, Timothy A., et al. "Personality and leadership: a qualitative and quantitative review." *Journal of applied psychology*. (2002); 87.4: 765]
- 2- LeBlanc, Vicki R., et al. "The relationship between coping styles, performance, and responses to stressful scenarios in police recruits." *International Journal of Stress Management* . (2008);15.1: 76]
- 3- Paoline III, Eugene A., Stephanie M. Myers, and Robert E. Worden. "Police culture, individualism, and community policing: Evidence from two police departments." *Justice quarterly* . (2000);17.3: 575-605]
- 4- Chen, Chun-hsi Vivian, and Rui Hsin Kao. "Work values and service-oriented organizational citizenship behaviors: The mediation of psychological contract and professional commitment: A case of students in Taiwan Police College." *Social Indicators Research* . (2012);107.1: 149-169]
- 5- Porter, Christopher OLH, et al. "Backing up behaviors in teams: the role of personality and legitimacy of need." *Journal of Applied Psychology* . (2003);88.3: 391]
- 6- Bakker, Arnold B., et al. "The relationship between the big five personality factors and burnout: A study among volunteer counselors." *The Journal of social psychology* . (2006)146.1: 31-50]
- 7- Tett, Robert P., Douglas N. Jackson, and Mitchell Rothstein. "Personality measures as predictors of job performance: A meta-analytic review." *Personnel psychology*. (1991) 44.4: 703-742]
- 8- Judge, Timothy A., Joyce E. Bono, and Edwin A. Locke. "Personality and job satisfaction: The mediating role of job characteristics." *Journal of applied psychology*. (2000) 85.2: 237]
- 9- Liebman, Julie I., et al. "Cognitive and psychosocial correlates of adults' eyewitness accuracy and suggestibility." *Personality and Individual Differences* . (2002)33.1: 49-66]
- 10- Forsyth, Donelson R., George C. Banks, and Michael A. McDaniel. "A meta-analysis of the Dark Triad and work behavior: a social exchange perspective." *Journal of applied psychology* . (2012);97.3: 557]