

# Assessment and Study of Types of Finish Lines in Tooth Preparation - An Observational Study

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## Abstract

The fixed and removable prosthodontics aims at the maintenance and preservation of the tooth structure . Restoration of teeth is possible only if sufficient space is created for the application of thickness of material required . The types of finish lines given for all ceramic , metal ceramic and all metallic tooth preparations are Chamfer , Shoulder finish line, etc , The aim of this observational study is to assess the different types of finish lines given in the tooth preparation . The study is focused to assess the different types of finish lines in tooth preparation and to assess the most preferred type of finish line as the tooth margin . Around 1000 different tooth preparations were observed to assess the types of finish lines . The data was obtained from 86,000 archived patient records . All the collected data were reviewed and statistically analysed . In the present study , most of the patients were 31 to 45 yrs old (42 %) . Among the patients , 56% were Male . Majority of the tooth preparations were done in Sextant 2 (35%) . The most preferred type of finish line was the Shoulder finish line (77 %).The study has observed that the shoulder finish line was the most preferred type of finish line .

**Keywords :** Tooth preparation ; Types of finish lines ; Choice of finish lines

## Introduction

The fixed and removable prosthodontics aims at the maintenance and preservation of the tooth structure . Restoration of teeth is possible only if sufficient space is created for the application of thickness of material required . It is given for better marginal adoption and fitting of the restoration <sup>1, 2, 3</sup> . The types of finish line given for all ceramic , metal ceramic and all metallic tooth preparations are Chamfer , Shoulder , Knife edge finish lines <sup>4</sup> . They are given on the basis of the requirement and tooth structure . Ideally , all finish lines should be placed supragingivally <sup>5, 6</sup> . Due to esthetic and carious considerations <sup>7, 8, 9</sup> , however subgingival

placement of the finish line is preferred <sup>10, 11, 12</sup> .

No one type of finish line can be used for all crown preparations . In lower anterior teeth or periodontally treated teeth <sup>13</sup> , the knife edge finish line appears to be the treatment of choice <sup>14</sup> . The long term goal desired by a patient and the doctor is durability and longevity <sup>15</sup> . This can be achieved initially by tooth preparations that are clinically sound <sup>16</sup> . But another important factor that contributes to this is the selection of the finish line . Preference for a particular type of finish line preparation allows ample room for various criteria like the position of the teeth contributing to esthetics [Anterior or Posterior] <sup>17</sup> , Restoration material [Metal or Ceramic] <sup>18</sup> and the bulk of the restorative material <sup>19, 20</sup> . The indications and the contraindications for each type of finish line will be reviewed . The ultimate goal in fixed & removable prosthodontics is the maintenance & preservation of the remaining dentition <sup>21</sup> . In short teeth and preparation for Porcelain and Porcelain - Gold crowns , the full shoulder bevelled preparation is the treatment of choice

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. In full Gold and Acrylic veneered Gold crowns , as in endodontically treated , the Chamfer preparation is the treatment of choice <sup>22</sup> . The various types of finish lines are Chamfer , Heavy chamfer , Shoulder , Round/Radial shoulder , Slope shoulder , Shoulder with bevel , Knife edge , Chisel edge & Butt joint finish lines . The present study was conducted to assess and study the various different types of finish lines in tooth preparation and to assess the most preferred type of finish line as the tooth margin .

### Materials and Methods

The observational study was done in a university setting . Samples of 10 months from June 2019 - March 2020 was reviewed . A collected data of 868 patients were examined by 2 reviewers , Finish lines and tooth preparation were the inclusion of the data . All available data were included without any sorting process to minimise sampling bias . Non probability inclusion was done to ensure internal validity and Homogenization & replication of experiment was done for external validity .

The data from 86,000 patients visited Saveetha dental college during the time period of June 2019 to March 2020 were reviewed and the data of all tooth preparations were collected . Non specific samples were excluded from study . The collected data was entered in an excel sheet and the data verification was done by an external reviewer . Then the data were imported to statistical analysis . The variables were defined and SPSS by IBM was the statistical software used for analysis . Chi - square test was done by keeping age & gender as independent variable and tooth preparation & type of

finish line as dependent variable . Correlation analysis and association analysis were done.

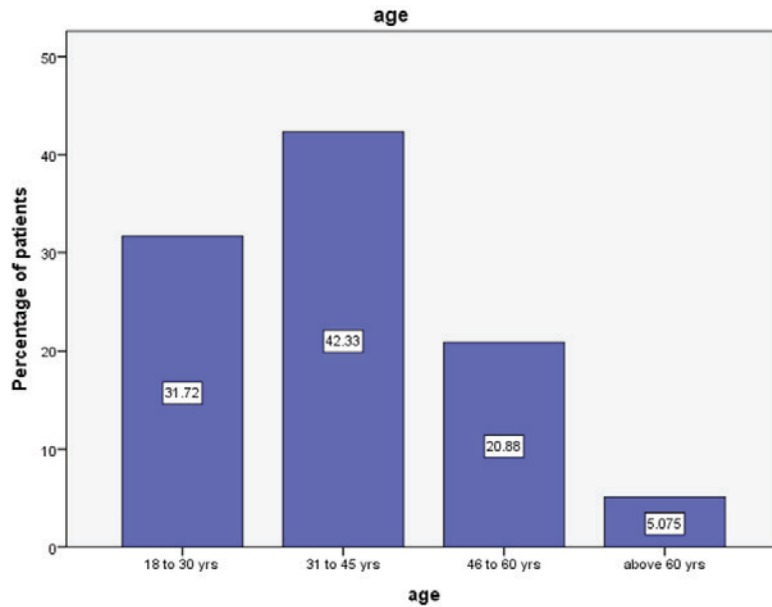
### Results and Discussion

Among the sample size of 867 tooth preparations , 42 % of the patients were 31 to 45 yrs old , 32 % were 18 to 30 yrs old , 21 % were 46 to 60 yrs old and 5 % of the patients were above 60 yrs . In the total study population ( Figure 1), 56 % were Male and 44 % were Female ( Figure 2). 35 % of the total tooth preparation was done in Sextant 2 , 14 % in Sextant 3 , 14 % in Sextant 6 , 13 % in Sextant 4 , 13 % in Sextant 5 and 11 % of the preparations in Sextant 1 . There was a statistically significant difference between the sextants in receiving fixed partial denture treatment with Sextant 2 being the predominant one receiving treatment (Chi Square test ;  $P < 0.05$ )(Figure 3).

The most preferred type of finish line was Shoulder finish line - 77 % . Chamfer finish line was preferred in 13 % , Radial shoulder in 3 % , Heavy chamfer finish line in 3 % , Feather edge & Knife edge finish lines in less than 1 % of tooth preparations . There was a statistically significant difference between the finish lines placed in fixed partial denture treatment,with shoulder finish line being the predominant one receiving treatment (Chi Square test ;  $P < 0.05$ ).

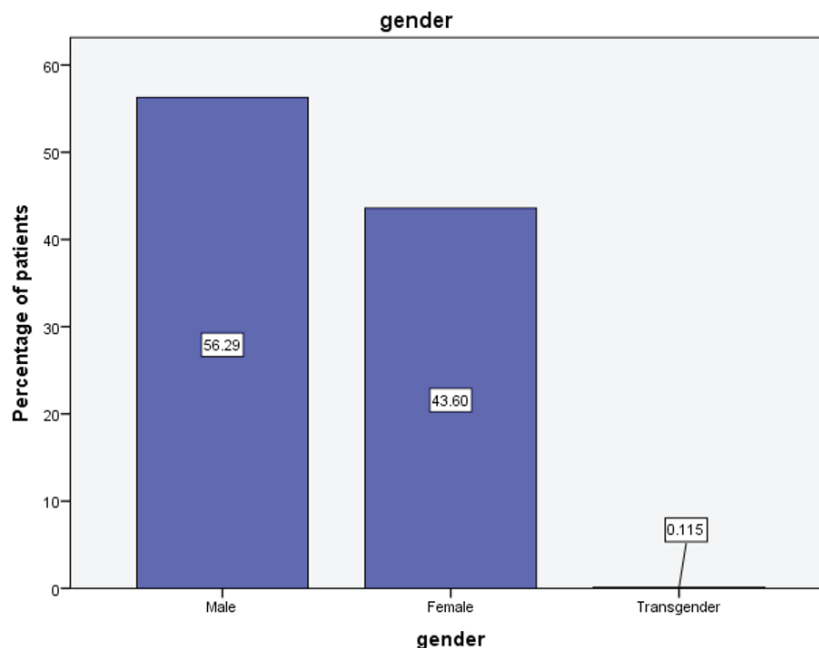
(Figure 4).There was a statistically significant difference between the sextants in receiving fixed partial denture treatment,with Sextant 2 being the predominant one receiving treatment (Chi Square test ;  $P < 0.05$ ) (Figure 5).

### Age of the patients in the study



**Figure 1 :** The bar graph represents the age of the Patients in the study . The X - axis represents the Age groups and Y - axis represents the percentage of the patients . Among the total sample size of 867 patients , 31.7 % (275) were 18 to 30 yrs old , 42.3 % (367) were 31 to 45 yrs old , 20.9 % (181) were 46 to 60 yrs old and 5.1 % (44) were above 60 yrs old . Tooth preparations were predominantly done in patients of 31 to 60 yrs of Age (63.2 % ) . N = 867 .

### Gender of the patients in the study



**Figure 2 :** The bar graph represents the gender of the Patients in the study . The X - axis represents the Gender and the Y - axis represents the percentage of the patients . Among the total sample size of 867 patients , 56.3 % (488) were Male , 43.6 % (378) were Female and 0.1 % (1) were Transgender . Thus Males were more prevalent to Fixed partial denture treatment than Females (56.3 % ) . N = 867 .

### Teeth sextants involved in the study

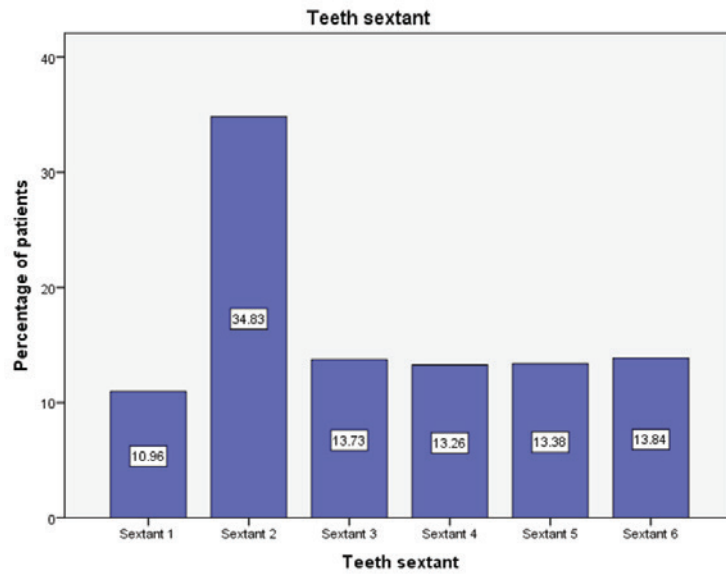


Figure 3 : The bar graph represents the teeth sextant of tooth preparation .The X - axis represents the Teeth sextant and the Y - axis represents the percentage of the patients . Among the total sample size of 867 patients , 11 % (95) of tooth preparations were done in Sextant 1 , 34.8 % (302) were in Sextant 2 , 13.7 % (119) were in Sextant 3 , 13.3 % (115) were in Sextant 4 , 13.4 % (116) were in Sextant 5 and 13.8 % (120) were done in Sextant 6. There was a statistically significant difference between the sextants in receiving fixed partial denture treatment with Sextant 2 being the predominant one receiving treatment (34.8 % ) . N = 867

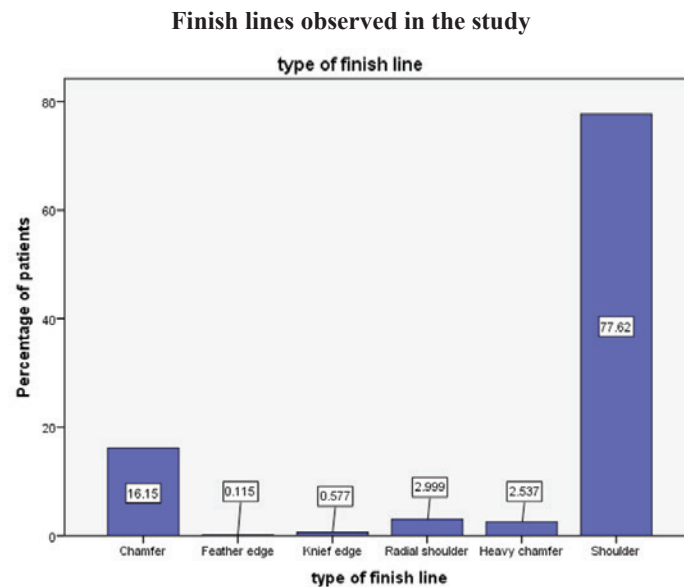
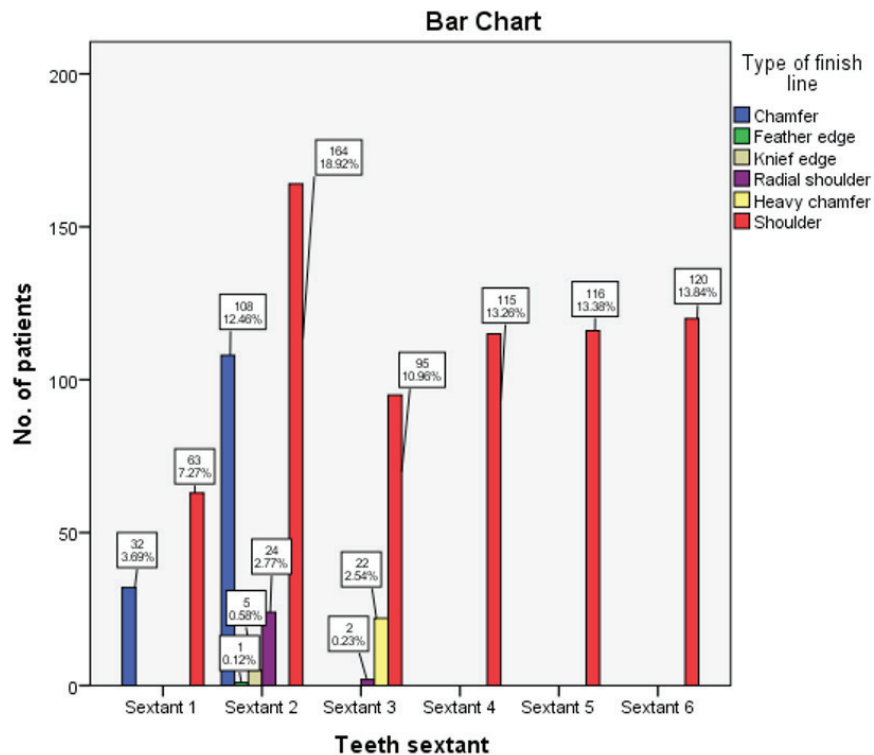


Figure 4 : The bar graph represents types of finish lines in tooth preparation . The X - axis represents the type of finish line and the Y - axis represents the percentage of the patients . Among the total sample size of 867 patients, 16.1 % (140) of the finish lines were Chamfer finish line , 0.1 % (1) were Feather edge finish line , 0.6 % (5) were Knife edge finish line , 3 % (26) were Radial shoulder finish line , 2.5 % (22) were heavy chamfer finish line and 77.6 % (673) were Shoulder finish line .There was a statistically significant difference between the finish lines placed in fixed partial denture treatment, with shoulder finish line being the predominant one receiving treatment (77.6 % ) . N = 867

**Finish lines in Teeth sextants in the study**



**Figure 5 :** The bar graph represents the association of Teeth sextant and the type of finish lines . The X - axis represents the Teeth sextant and the Y - axis represents the frequency of type of finish line such as Chamfer (Blue) finish line , Feather edge (Green) finish line , Knife edge (Tan yellow) finish line , Radial shoulder (Violet) finish line , Heavy chamfer (Yellow) finish line and Shoulder (Orange) finish line .There was a statistically significant difference between the finish lines in various Sextants and type of finish line placed in fixed partial denture treatment, with Sextant 2 being the predominant one receiving treatment and Shoulder finish line being the predominantly preferred one as the tooth margin . This was found to be statistically significant ;  $p = 0.01$  (Pearson Chi Square test ;  $P < 0.05$ ) .  $N = 867$  .

The ideal finish line should have the following characteristics including , Shallow levels nearly parallel to cavosurface should be avoided because the restoration will be too thin at this area and may chip easily . The discrepancy decreases with the increase in angulation of the bevel and the bevel should not produce a very acute margin , which can lead to fracture of the wax pattern during removal <sup>23</sup> . Shoulder finish line has a gingival finish wall perpendicular to the axial surfaces of the teeth . If the marginal wall was at 120 degree to the axial wall , then it is termed a sloping shoulder. A shoulder finish line was preferred for all ceramic restorations <sup>24</sup> , where sufficient thickness of the margin was required for structural durability <sup>16</sup> . All anterior restorations were fabricated with a shoulder margin where aesthetics was the primary concern . The placement of finish lines

influences the fabrication of the restoration and the final outcome of the treatment <sup>25</sup> .

In the present study , we concluded that among the total sample patients , Male gender was predominant. On the other hand , the study by Geiballa GH , et , al , <sup>26</sup> had opposing findings of female predominance. Also the study by Shillingburg HT , et , al , <sup>16</sup> had opposing findings of Female predominance . This opposing finding may be due to personal hygiene of the individual . In the present study , we concluded that the majority of the tooth preparations were done in Sextant 2 . The study by Rosenstiel SF , et , al , <sup>22</sup> had similar findings . In the present study , we concluded that the Shoulder finish line was the most preferred type of finish line done in tooth preparations. The study by Shillingburg HT , et , al

, and Cho L, et al.,<sup>27,16</sup> had similar findings. On the other hand, the study by Tjan AHL, et al.,<sup>28</sup>, Grajower R, et al., and Noonan JE, et al.,<sup>28-30</sup> had differential opposing findings.

This study was single centered and large data for various different finish lines needs to be analysed further. This study also doesn't represent all ethnic groups and populations. Future scopes were observation of more population, Assessment of the expectations of the patients, Assessment of adaptation of the prosthesis and other choices of finish lines.

### Conclusion

This study observed that there was a statistically significant difference between the finish lines in various Sextants placed in fixed partial denture treatment, with shoulder finish line being the predominant one as the tooth margin. Predominantly tooth preparations were done in Sextant 2, the Anterior region.

**Acknowledgement :** We thank Saveetha University for their support and suggestions.

**Conflict of Interest :** The authors declare that there is no conflict of interest.

**Source of Funding:** Self

**Ethical Clearance:** It is taken from "Saveetha Institute Human Ethical Committee" (Ethical Approval Number- SDC/SIHEC/2020/DIASDATA/0619-0320)

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