

Nursing Management for Covid 19 Pandemics

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Abstract

Nurses represent the backbone of any health care system. Today in the fight against Covid-19, several nurses find themselves on the frontline. This report is a clear reminder of their important position and a wake-up call to ensure that they receive the help they need to keep the planet safe. ¹ Nurses play a very important function, locally as well as internationally. They are on the front lines, day in and day out, taking care of these patients. “They are able to see what is working, as well as things that can be done differently to provide more effective and efficient care, and offer suggestions for improvement.” 2020 is recognized by the World Health Organization as the Year of the Nurse and Midwife – On the function of nurses in the preparation and reaction to disasters. (World Health Organization) Globally, the way the world views nurses and health care professionals already changes. Because not everyone knows what is happening in a health care facility, the COVID-19 pandemic is high The COVID-19 pandemic has brought nurses to the forefront of people’s minds and there is a daily capture of the media attention and public gratitude to health care professionals.² This short communication concludes with the key role of nurses for effective management during covid-19 pandemics.

Keywords: COVID-19, pandemic, messenger, educator, advisor, protector, manager, care provider

Introduction

Nurses proved to be the health warriors who took on the responsibility with their heart and soul in a very willing manner. The profession is critical to fighting the pandemic, and their calling has been “stepped up and gone beyond” by nurses in every country. We are working in the frontline and are overseeing patient screenings, placement as well the treatment of patients in the COVID region.² The World Health Organization has officially declared COVID-19 to be a pandemic and has called on “all countries to continue efforts that have been successful in reducing the number of cases and halting the spread of coronavirus infection.” The prime purpose of Lockdown is to stay at home and maintain communal space.³ The COVID-19 pandemic means that many of us are staying at home and doing less in terms of social interactions and exercise. This can have a negative effect on your physical and mental health.⁴ In this COVID-19 pandemic, proclaiming “passion” For crisis preparation and emergency response, disaster preparedness and response, disaster management prevention, An epidemiology of disasters and more

fields that are very far common. Nurses responsible for more than half of all health professionals worldwide, delivering essential resources across the health care system. They are displaying their humanity, bravery and courage around the world as they react to the COVID-19 pandemic and their importance has never been shown more clearly before. Every day we see the bravery, expertise and devotion of nurses and other healthcare staff the front lines of the COVID-19 pandemic, as they serve bravely.⁵

As messenger and educator role:

Live with you at home please. I recognize this might be really hard, but if you’re not an important mitarbeiter who has to leave job, stay home. Avoid excursions to the grocery store, where possible. It’s not time now to walk down Target’s aisles, check all things, search for new home decor or have a brief chat with other customers. Get your things, and go home⁵. The illness causes respiratory disease (such as flu) with symptoms like cough, nausea, and trouble breathing in more extreme cases. We should protect ourselves by constantly washing our hands,

avoiding touching our face and eviting near touch with the unwell people (1 meter or 3 feet) ⁶

As role of Manager:

The role of nurses in it's so important to reduce infectious diseases spread, because of one of the key we want things to do is reduce mortality and slow spreading the disease and improve the patient condition by providing quality care. Health Crisis response nurses are important as they are a critical connection between the client and the other health care member. During their whole shift, they are with their patients and are able to detect slight shifts in their patients by observation and analytical thinking that may mean that they decompense, or get worse, or get better.

Care provider:

In the present COVID 19 emergency medical situation, paramedics are playing a great role as a healthcare professional in rural areas also. They are providing advanced levels of care for emergencies and trauma. The majority of our rural paramedics are based in the field and close to the community. They are providing out-of-facility services and some referral services. The people they see are ill, very, very diseased. This virus affects everyone. Many of the patients they care for sickness and giving symptomatic treatment, according to patient condition needing intensive care unit, medication and intubation.

As role of Trainer:

Because nurses are the largest part of the health-care workforce, it is likely that nurses will take care of all victims and patients should a catastrophe occur. It's important they are qualified and have the expertise and action skills, be they on the front lines of the crisis or in a hospital, they care about others.

As role of protector: Personal Protective Equipment and Staff Safety

Most important role of the nurse is to protect themselves from contacting or transmitting COVID-19. Adequate personal protective equipment (PPE) should be provided to all health care workers, especially emergency nurses. Even when caring for patients who are critically ill, it is important to protect one's self and take the time

to don the appropriate PPE, despite instincts to want to render aid immediately. Education and training around appropriate donning (putting on) and doffing (removing) of PPE is essential, as these are times when health care workers are at a high risk of accidental contamination. ⁷

One of the main issues to do is to have enough PPE nice for use when caring. Health care staff are introducing other techniques To better protect yourself from threats, including changing their working wardrobe Before they reach their houses, they shower as they arrive at own house and several health related professionals are now isolating themselves from me in a separate room in their homes.

The critical role of nursing

Nurses are also the first and highest level primary care provider. They are important for extending healthcare access to remote communities. Research indicates that nurses are also instrumental in increasing efficiency in the health sector and patient satisfaction, and they are less costly to train and employ than other health care practitioners. Investing in the health care sector a triple health return, economic development and gender equality.

Throughout the latest emergency response situation at COVID 19, paramedics also play a significant role throughout remote areas as a healthcare professional. They provide advanced levels of emergency and trauma treatment. Most of our rural paramedics are in-field based and close to the community. We have facilities and other referral services out of facility⁸

A crisis intervention plan:

Administrations in hospitals can help alleviate tension by proper coordination and sensible decision taking. "Triage is most important—it is the process of assessing if a patient requires ICU, non-ICU, or home care. This way, we can allocate the limited resources to people who need it the most," Given that senior doctors make the call, it takes away the burden from the juniors⁹.

Pandemic COVID-19 poignantly underlined the vital The job of nurses and other health-care workers safeguarding the health of people and To save Long live. Long live. A new research, about the state of the Nursing Calls for a Global 2020 further involvement leadership

of schooling, working conditions of nurses to boost their medical-care commitments.¹⁰

As role of advisor:

The easiest thing to do is stay home sometimes hand washing, and holding surfaces frequently hit purify. Everybody needs to adapt a modern living way and probably feel frustrated. Keep in mind taking care of your mental state is critical. Some approaches to help combat tension include establishing a timetable and planning, taking regular changes, plan for busy, having adequate rest, use relaxation therapies, keeping hydrated and consuming ideal, nutritional diet. Inform yourself, but also update your knowledge. As our federal executive continues to say, remaining physically distant is vital but that doesn't mean you need to be socially distant.

Nursing staff play a vital role in providing health care services. These are the people who devote their lives to caring for mothers and children; offering lifesaving immunizations and health advice; caring for the elderly and generally meeting the basic health needs of daily life.⁹ Schools are closed due to the COVID-19 outbreak for an uncertain period of time, parents face the daunting task of figuring out how to help their child's learning and more likely how to keep them entertained, while social distancing is either required or encouraged.¹¹

Corona virus disease 2019 (COVID-19) can cause respiratory, physical, and mental dysfunction in patients. Hence, pulmonary rehabilitation is important for both admitted and discharged patients of COVID-19.¹²

In crises, nursing staff have more tasks to satisfy patients and their families; therefore, nurses must be well equipped with essential knowledge and skills in managing crises involving clinical treatment, decontamination, isolation, communication, triaging, psychological support, and palliative care if necessary.¹³

The latest study, made available World Health Organization (WHO) in collaboration Highlights of the The Foreign Nurses' Council (ICN) and Nursing. Now at World Health Day 2020 the achievements and issues faced by 28 million nurses worldwide, who responsible for over half of all health care persons worldwide.

Conclusion

Nurses are on the frontline, and they have a significant role in fighting COVID-19. Nurses are facing critical shortages of nursing staff, beds, and medical supplies. Nurses have also been life-saving at the center and people-care. Yet their worth was never greater this is more that it is. We deserve not only our respect but also concrete aid for securing we can contribute to their abilities in its best.

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