

The Influence of Short Pulse Er:Cr: YSGG Laser on the Shear Bond Strength of Cad-Cam Zirconia Material to Resin Cement

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Abstract

Background: Surface enhancement of CAD-CAM zirconia for increasing the matching to resin cement, using Er:Cr:YSGG Laser.

Materials and Methods: 40 sintered zirconia disc specimens(VITAYZ HT) were prepared. They are divided into six groups, each group of seven samples. Laser groups are depending on laser power, laser irradiation time and pulse duration, group(A): 20 s, 60 μs pulse duration. Group (B): 30 s, 60 μs pulse duration. Group (C): 40 s, 60 μs pulse duration. Group (D): 20 s, 700 μs pulse duration. And group (E): 30 s, 700 μs pulse duration, for different powers (1, 1.50, 2, 2.50, 3, 3.50, 4) W. Luting cement was bonded to treated zirconia surfaces and light cured for 40 s. The Shear bond strength was measured using a universal testing machine. The obtained results were statistically analyzed. The bond failure modes were also examined.

Results: There was a clear increment in the shear bond strength especially in group B (4 W, 30 s, 60 μs) reaching to 8.63 Mpa. No cracks were observed.

Conclusion: It was detected that the shear bond strength was related to the pulse depth. The pulse duration of Er:Cr:YSGG is a crucial parameter in the enhancement of zirconia ceramic surface.

Keywords: Er:Cr:YSGG Laser; zirconia surface treatment, pulse duration, Shear Bond Strength.

Introduction

The most popular technology that was becoming the centre of choice in dental restorations is all-ceramic restoration.¹ One of the most frequently used all-ceramic core material for fixed restorations (crown and bridge) is yttrium-stabilized-tetragonal-zirconia-polycrystal (Y-TZP).² The clinical long-term success of Y-TZP depends to a great extent on the strength and durability of resin cement bond to ceramic substrates and teeth that have to integrate all system parts into one coherent structure for enhancing the bonding strength of ceramic dental restorations.³ A strong cement-ceramic bond requires micromechanical interlocking and chemical bonding to the ceramic restoration surface, which needs surface roughening procedure and cleaning.⁴ Polycrystalline structure, which lacks a glass matrix, makes zirconia ceramic more resistant

to hydrofluoric acid etching.⁵ Chemical and/or mechanical surface treatments provide a reliable adhesive bonding of resin cements and ceramic.⁶ Airborne particle abrasion,⁷ grinding with diamond bur, sandblasting, zirconia primers,⁸ tribochemical silica coating (silicatization) have been applied for surface conditioning.⁹ Airborne particle abrasion has the potential of removing significant amount of material which could affect their clinical adaptation. Tribochemical silica-coating system has been criticized for possibility of subcritical crack propagation within zirconia in case of thin restorations.¹⁰ Lasers have been employed for different purposes in dentistry including conditioning the tooth structure or restorative surfaces.¹¹ Studies showed that roughening can be performed on ceramic surfaces with lasers,¹² by using different lasers such as: Nd:YAG,¹³ Er:YAG and CO₂,¹⁴⁻¹⁵ Er:Cr:YSGG,¹⁶ femtosecond,¹⁷ and Fractional

CO₂.¹⁸The current study aims to investigate the effect of pulse duration on the SBS for different powers of Er:Cr:YSGG laser.

Material and Method

In this experimental study, 40 discs were milled from presintered zirconium oxide blocks (vita YZ HT zahnfabrik/Germany), then sintered in a special furnace (Zirkonzahn, type: Oven 600-2018) at 1450 °C for 8 hours including cooling, following the manufacturer's instructions. The obtained final disc dimension was: (9 mm in diameter, 2 mm in thickness). The bonding surfaces of zirconia discs were then polished consecutively with 600, 800, 1000 and 1200 grit silicon carbide abrasive papers with water coolant to standardize all surfaces. All specimens were ultrasonically cleaned in distilled water and 70% alcohol for 3 min. And examined under an optical microscope. Samples with cracks or fissures were substituted by other perfect ones.

Specimens grouping:

40 zirconia discs were randomly divided into six groups, each with seven samples. Group (O): Serve as control group with no applied surface treatment. The laser groups are: Group (A): 20 s, 60 μ s pulse duration, group (B): 30 s, 60 μ s pulse duration, group (C): 40 s, 60 μ s pulse duration, group (D): 20 s, 700 μ s pulse duration, and group (E): 30 s, 700 μ s pulse duration. For different powers (1, 1.5, 2, 2.5, 3, 3.5, 4) W.

Each zirconia disc bonding surface was irradiated with Er:Cr:YSGG laser of $\lambda = 2,780$ nm (iPlus, Waterlase, Biolase Technologies Inc., Irvine, CA, USA) at 50 HZ, water/air level: 65/55%. 600 μ m quartz core tip was put at 90° with sample surface and 1 mm distant from it. The laser energy was delivered in a circular area of 6 mm diameter at the middle of the specimens. Then, each zirconia disc was embedded horizontally in a mixed cold cure acrylic mold, to about 1.5 mm. And the 0.5 mm of the remaining zirconia disc height left exposed for the cementing procedure. A circular silicon mold provided with a central circular opening of 5 mm diameter was positioned over the acrylic mold in a way that the circular opening of the silicon mold was centered on the zirconia disc. Adequate amount of adhesive cement

(Relyx U200 self adhesive resin cement, paste/paste mixing system, 3M ESPE, Germany) was mixed and delivered into the opening of the silicon mold. Then photopolymerized using a light cure system (Astralis5, Ivoclar Vivadent, 220-240V, 50-60 Hz, Liechtenstein) for 40 s following manufacturer's instructions. And one hour after cementation, specimens were stored in distilled water at 37 °C for 24 hours before SBS testing.

The SBS was determined by subjecting the samples to a shearing force at zirconia-cement interface in a universal testing machine (Instron, England). The SBS values evaluated in Mpa. The (LPD) were examined by an optical microscope with power mag. of 40X. All debonded samples were evaluated under a stereo microscope (ME, 2665, Euromex, Holland) at 40X mag. The mode of failure was classified as follows: (1) Adhesive: de-bonding only at the cement-ceramic interface. (2) Cohesive: rupture in the cement or zirconia ceramic. (3) Mixed: shows both adhesive and cohesive failure modes.

Surface Analysis:

Samples from all groups underwent coating with gold-palladium (Q150R Rotary Pumped Sputter Coater, Quorum Tec., UK) and observed under scanning electron microscope (SEM) (Inspect S50, FEI, USA), 500X mag. and 30.00 kV voltage.

Statistical Analysis

This analysis was done with SPSS software version 23/France. SBS and LPD Data were analyzed by one way ANOVA-test (analysis of variance) to calculate the P value between control and tested groups. LSD test was used to calculate the significant differences between tested means.

Results: Surface Analysis

The SEM pictures of zirconia disc surfaces is shown in Fig.1(a-f). The effect of laser energy pulses on the surfaces is observed as holes with no altering in the surface texture surrounding each laser pulse. No obvious cracks were seen. Therefore, no laser optical damage.

ABC

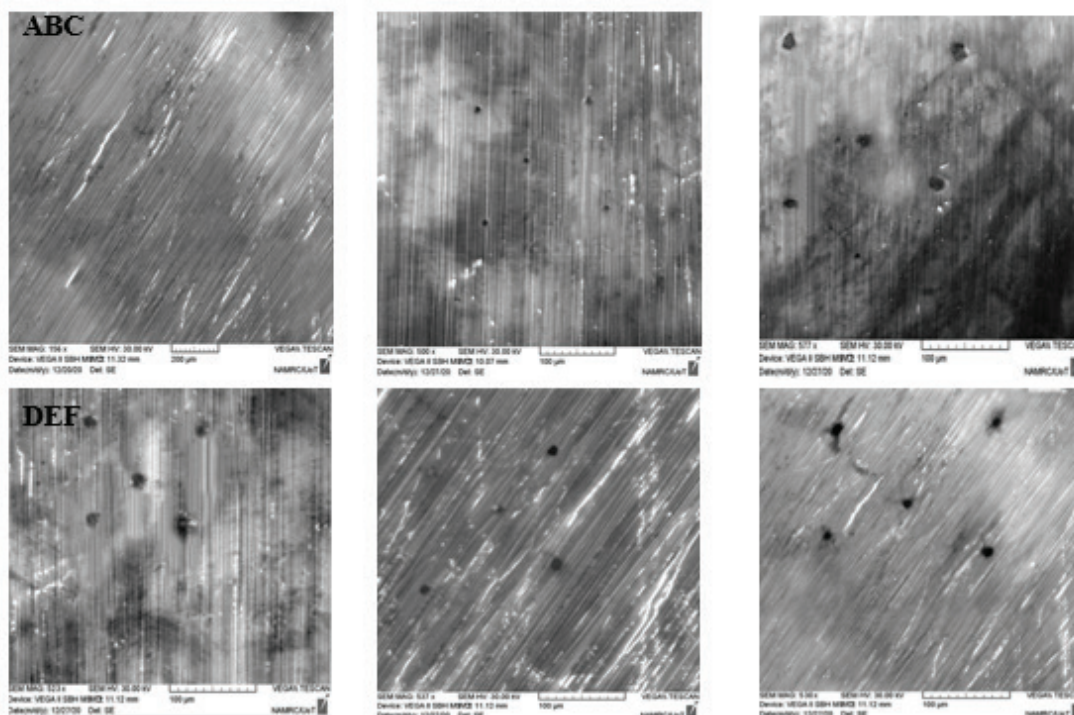


Fig. (I): SEM Pictures of Zirconia specimens (500X). a .Control (untreated) Specimen. b. (20 I.T./60 μ).c. (30 I.T./60 μ).d.(40 I.T./60 μ).E.(20 I.T./700 μ).F.(30 I.T./700 μ).

DEF

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Table (I) and (II) presenting the descriptive statistics of the SBS. Also the statistical analysis results of SBS and LPD for comparison among the laser groups. The specimen treated with Er:Cr:YSGG laser 30 s, 60 μ s, 4W exhibited the highest SBS value. The SBS means increased with increasing the laser power for groups of 60 μ s. Table (II) clearly show an increase with LD for all groups with power increasing except for group D. The specimen (4W, 30s, 700 μ s) had The highest LPD mean and it was NS with specimen (4W, 30s, 60 μ s) however, the SBS was not increased with depth increasing.

Table (I): Shear Bond Strength and laser irradiation time Measurements of the Groups.

Power/ Shear bond	20 sec/60 μ		30 Sec / 60 μ		40 Sec /60 μ		20 Sec /700 μ		30 Sec /700 μ		P value C VS G	P value L.G
	SBS Mean	Std. Error	SBS Mean	Std. Error	SBS Mean	Std. Error	SBS Mean	Std. Error	SBS Mean	Std. Error		
1W	C 5.24	0.20	C 6.26	0.12	C 5.94	0.41	6.84	0.33	5.79	0.91	0.01	NS
1.5W	C 5.30	0.13	B 6.76	0.30	C 5.44	0.10	6.80	0.68	6.49	0.43	0.01	NS

2 W	C 5.79	0.25	C 6.44	0.30	B 6.14	0.15	6.74	0.00	6.53	0.17	0.001	NS
2.5 W	C 5.86	0.42	C 6.33	0.46	B 6.24	0.03	6.51	0.33	6.59	0.11	0.001	NS
3 W	B 6.16 d	0.03	B 6.86 b	0.37	A 6.56 c	0.00	6.91 b	0.42	7.44 a	0.54	0.0001	0.05
3.5 W	B 6.79 c	0.05	B 6.96 b	0.00	A 6.99 b	0.20	7.05 b	0.20	7.64 a	0.02	0.0001	0.01
4 W	A 7.23 b	0.14	A 8.63 a	0.13	C 5.74 d	0.00	6.94 b	0.02	6.48 c	0.19	0.0001	0.001
CONTROL	4.49	0.16	4.49	0.16	4.49	0.16	4.49	0.16	4.49	0.16	-----	-----
*P value C VS L.G.	0.0001		0.0001		0.0001		0.0001		0.0001			
P value L.G	0.01		0.01		0.001		NS		NS			

Tabel (II): LPD and laser irradiation time Measurements of the Groups.

Power/ Depth of laser	20 sec/60 μ		30 Sec / 60 μ		40 Sec /60 μ		20 Sec /700 μ		30 Sec /700 μ		* P value
	Pulse depth Mean	Std. Error	Pulse depth Mean	Std. Error	Pulse depth Mean	Std. Error	Pulse depth Mean	Std. Error	Pulse depth Mean	Std. Error	
1W	D 1.70 c	0.40	E 2.10 b	0.30	F 4.50 a	0.35	2.67 b	0.69	C 2.00 b	0.20	0.05
1.5W	C 2.30 d	0.21	D 4.20 a	0.15	E 3.90 b	0.10	3.40 c	0.00	C 2.30 d	0.10	0.01
2 W	C 2.00 d	0.15	D 4.80 b	0.56	D 4.50 b	0.12	3.70 c	0.40	B 6.20 a	0.21	0.01
2.5 W	C 2.50 d	0.12	D 4.70 b	0.53	C 6.2 a	0.72	3.50 c	0.29	B 6.30 a	0.56	0.001
3 W	B 3.00 d	0.00	C 6.00 c	0.23	B 7.50 a	0.20	3.50 d	0.25	B 6.50 b	0.12	0.001
3.5 W	A 4.10 c	0.51	B 6.90 b	0.06	A 8.00 a	0.58	3.30 d	0.15	A 7.90 a	0.17	0.001
4 W	B 3.30 c	0.65	A 8.00 a	0.21	B 7.70 b	0.35	3.70 c	0.12	A 8.20 a	0.12	0.0001
P value	0.01		0.001		0.001		NS		0.001		

The letters (A, B, C, and D for column and a, b, c and d rows) represented the levels of significancy. Highly significant start from the letter (A or a) and decreasing with the last one. Similar letters mean there are no significant differences between tested mean.

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Failure Mode:

Frequency of failure mode after shear bond strength test of each group is shown in Table (III). The results indicated that the failure mode of the groups varied with different laser parameters. In group A and C, type (1) failure mode was frequently observed in those specimens treated with 1-3 W for both groups. On the contrary, failure mode of type 3 was mostly detected in group D and E except for 2, 2.50 W and 1, 1.50 W respectively. And type (2) had the least frequency in group B, 4W and E, 3.5 W.

Table (III): failure mode distribution.

groups	Adhesive Failure (1)		Cohesive Failure (2)		Mixed Failure (3)	
	No.	%	No.	%	No.	%
A	5	50			2	20
B	3	30	1	10	3	30
C	5	50			2	20
D	2	20			5	50
E	2	20	1	10	4	40

Discussion

The purpose of the current study is the enhancement of the SBS of resin cement to zirconia material with no laser optical damage on zirconia surface such as fractures or cracks. Many laser studies attempted to investigate the effect of laser type, laser power, zirconia-surface laser

irradiation temperature elevation, zirconia ceramic type and the resin cement type on the SBS, and found conflicting findings. We showed in the previous literature survey that the laser pulse duration is a critical parameter in laser material processing. So we tried to investigate its influence. Considering The long pulse duration (700 μ s), the obtained results showed that the highest SBS mean, in the specimens treated with the Er:Cr:YSGG laser, was: 7.64 Mpa. While for the short pulse duration (60 μ s), the highest SBS mean was: 8.63 Mpa, which was significantly greater than those of the other groups for the same or for different pulse duration, and greater than that of the Er:Cr:YSGG laser which showed a maximum SBS of 4.68 Mpa,¹⁹ or other lasers such as Er:YAG, which showed a maximum SBS of 8.65 Mpa,¹⁴ used with the same type of zirconia ceramic system. This could be due to the effect of Er:Cr:YSGG laser short pulse duration (60 μ s) in roughening of the bonding surface in concentrated laser energy pulses without creating laser zirconia-surface damage. The behavior of the 60 μ s short pulses allowed for increased LPD, thereby increasing the SBS and enhancing the matching of zirconia to ceramic. Whereas the 700 μ s pulse duration allowed for laser heat dissipation that negatively influenced the LPD resulting in decreased SBS values. The durability of zirconia-cement bond was also assessed by the bond failure mode analysis as it provides an important definition for the bonding efficacy.²⁰ The bond failure of group A and C was mostly adhesive due to the inadequate LPD, needed for a durable micro-retentive interlocking that was obtained with low power laser irradiation, except for the specimens treated with 3.50, 4 W in both groups, which showed mixed failure mode as a consequence of the increased LPD with the increased surface area available for mechanical resin-zirconia interlocking. In group B, D and E, cohesive and mixed failure modes were seen with the increased LPD for higher powers. This means that the laser pulse duration had a great influence on the LPD which had a compromising effect on the SBS of zirconia ceramic to the resin cement.

Conclusion

From the extracted results, it can be concluded that: The highest SBS of the Er:Cr:YSGG laser irradiated specimens is obtained with the laser parameter of 30s, 60 μ s, 4W. The 60 μ s laser pulse duration is better than the 700 μ s. The laser pulse duration is a vital parameter

in the surface roughness of zirconia ceramic for the enhancement of the bonding strength to the resin cement.

Abbreviations

ANOVA: One-way analysis of variance; CAD/CAM: Computer aided design computer aided manufacturing; CO₂: Carbon dioxide laser; Er YAG: Erbium yttrium aluminum garnet; Ra: Roughness measurements; Y-TZP: Yttrium stabilized tetragonal polycrystalline zirconia

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